



Pre-Operative Instructions

Knee Arthroplasty

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Please stop all of the following medications 7 days prior to surgery. These include but are not limited to:

- Motrin (Ibuprofen), Advil, Aleve
- Aspirin
- Mobic
- Feldene
- Persantine
- Bufferin
- Lodine
- Relafen
- Dipyridamole
- Nuprin
- Naprosyn
- Voltaren
- Clinoril

NOTE: If you get a headache and need to take something within a week prior to your surgery, you can take Tylenol (acetaminophen).

If you are taking **Plavix**, this will need to be stopped 10 days prior to your surgery.

If you are taking **Coumadin, Xarelto or Pradaxa**, these medications need to be stopped **6 days** prior to your surgery.

Please remember to FAST from midnight on the night before your surgery.
THIS MEANS NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR OPERATION.

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